



## **Michael L. Billingsley, DDS, LLC**

**Practice Limited to  
Oral and Maxillofacial Surgery**

### **Pre- IV Sedation Instructions** **Intravenous Sedation Anesthesia**

Intravenous sedation requires giving medications through a vein in your arm or hand. You will not be as deep as when under a general anesthetic given in a hospital setting, but IV sedation is a very safe and effective anesthetic for relatively short outpatient surgeries done in the office by a fully trained and certified oral surgeon.

You will experience total relaxation, and although you may not actually be unconscious, you will be completely comfortable and have very little recall, if any, of your surgical procedures. This service is provided to allow you to have a pain free experience, and to make your surgical visit much less stressful.

You will be continuously evaluated with an electrocardiography, pulse-oximetry, and blood pressure monitoring device. You will be breathing on your own including supplemental nasal oxygen, keeping your own protective airway reflexes intact, and will be under continuous close observation by your surgical team.

With any IV sedations procedure where a reduced level of awareness or consciousness is used, certain precautions are required. These include:

- 1. You must not eat or drink anything (including water) for at least six (6) hours prior to your appointment.**
2. For morning appointments, skip breakfast.
3. For afternoon appointments, you may eat a light breakfast seven (7) hours prior to your appointment.
4. You may take any prescribed medications on your regular schedule, using only a sip of water, just enough to get the pills down.
- 5. A responsible adult **MUST** accompany you to you appointment, wait for you in the office during your surgery, and then drive you home. You need to rest at home until then do not drive or operate power tools or machinery.**

In addition, you may bring a CD player or IPOD with ear buds to listen to your own music if you wish. Please wear short sleeves and loose comfortable clothing, and do not wear contact lenses, facial jewelry, or makeup. Our goal is to provide you with a safe, pleasant, and comfortable anesthetic and surgical experience. Please feel free to ask or call about any questions you may have.